



# FIRST AID AFRICA

HIGH-IMPACT VOLUNTEERING | SUSTAINABLE OUTCOMES



[WWW.FIRSTAIDAFRICA.ORG](http://WWW.FIRSTAIDAFRICA.ORG)





# WHY FIRST AID?

"Globally, Injuries kill more people  
than HIV/AIDS, Malaria &  
Tuberculosis combined"

World Health Organisation





TECHNOLOGY  
INNOVATION



TRAINING  
COURSES



RESOURCES  
AND EQUIPMENT

**WHAT IS FIRST AID AFRICA DOING ABOUT THIS?**





## WHAT IS 'FIRST AID AFRICA'?

First Aid Africa is an international partnership, which provides emergency healthcare training in rural communities, where access to healthcare is limited.

In the UK we are a registered charity and our volunteers are trained at British Universities before joining colleagues from across Africa to provide lifesaving skills in the areas where they're needed the most.

The charity is young, at eight years old, but has received financial support from the British Medical Association (BMA), the Scottish Government and 15 partner Universities.

Additionally the charity has benefitted from logistical or material support from the Red Cross, St Andrew's First Aid and St. John Ambulance.





## WHAT IS THE "IVP"?

Our 'international volunteering programme' provides an opportunity for those interested in international development to train as First Aid Africa course instructors, before joining our teams in communities across East & Southern Africa.

Instructors are then required to spend at least one month working with our teams in Tanzania, Kenya, Malawi, Uganda or Zambia in order to provide lifesaving training & resources to communities, where access to emergency care is limited.

During this period, our international instructors are supported by experienced expedition leaders and in-country staff.





## FIRST AID

First aid in low-income settings is a specialist field. We'll train you in our multi-award syllabus



## TEACHER TRAINING

We'll teach you how to deliver life-saving training to communities



## INTERNATIONAL DEVELOPMENT

From the United Nations Global Goals, to 'how to develop your CV' we'll help you understand the int dev sector



# HOW WE SUPPORT OUR TEAMS

WE PROVIDE ALL OF OUR INTERNATIONAL INSTRUCTORS WITH;

INTERNATIONAL FLIGHTS  
IN-COUNTRY SAFETY TEAM  
TRAINING & CERTIFICATION  
EQUIPMENT  
INDUCTIONS  
ACCOMMODATION  
FIRST AID AFRICA POLO T-SHIRT  
LOCAL MOBILE PHONE SIM CARD  
24 HR EMERGENCY SUPPORT  
ONGOING MONITORING & EVALUATION  
YEAR-ROUND IN-COUNTRY OFFICE STAFF

# THINGS WE CAN'T PROVIDE

VACCINATIONS  
INSURANCE  
VISAS



WOMEN'S GROUP RECEIVING THEIR CERTIFICATES



# WHERE NEXT?

## (LIST OF SUBSEQUENT EMPLOYERS OF VOLUNTEERS & EXPEDITION LEADERS (2011-2016))

Oxfam

UNICEF

World Health Organisation

VSO

British Red Cross

ICRC

NHS

European Union

Islamic Relief

THET

St. Andrew's First Aid

Mama Hope

Raleigh International

RNLI

Marie Stopes International

IOM Iraq

National Union of Students

The Scottish Ambulance Service

First Aid Africa

Doctors Without Borders (MSF)

Save the Children





## FUNDRAISING FOR THE CHARITY

To cover the logistical and on-going costs of developing our work we ask all international members of the team to set themselves a target of £1669 over the course of the year.

All fundraising work is supported through the charity's University societies and UK HQ team.

## TARGETS 2019-2020

Deposit £200

November 19th £269

Jan 15th £400

March 5th £400

May 1st £400



"THIS HOUSE CONGRATULATES FIRST AID AFRICA ON REACHING ITS FIFTH ANNIVERSARY AS A REGISTERED CHARITY. THIS HOUSE WISHES ALL OF FIRST AID AFRICA'S STAFF AND VOLUNTEERS WELL AS THEY IMPLEMENT THEIR PROGRESSIVE AGENDA; **COMMENDS THOSE WHO HAVE ALREADY VOLUNTEERED THEIR SKILLS TO HELP THOSE IN GREAT NEED; AND ENCOURAGES STUDENTS WHO HAVE NOT YET DONE SO TO MAKE A REAL DIFFERENCE BY PARTICIPATING IN THE CHARITY'S INSPIRING PROGRAMME.**"

UNITED KINGDOM HOUSE OF COMMONS 16TH DECEMBER 2016

SIGNED,

HANNAH BARDELL MP  
ALEX SALMOND MP  
DEIDRE BROCK MP  
ALAN BROWN MP  
JOANNA CHERRY MP  
RONNIE COWAN MP  
MARTYN DAY MP  
MARK DURKAN MP  
MARION FELLOWS MP  
MARGARET FERRIER MP  
PATRICK GRADY MP  
DREW HENDRY MP  
ANGUS MACNEIL MP  
NATALIE MCGARRY MP  
JOHN MCNALLY MP  
ROGER MULLIN MP  
GAVIN NEWLANDS MP  
JOHN NICOLSON MP  
KIRSTEN OSWALD MP  
STEVEN PATERSON MP  
MARGARET RITCHIE MP  
LIZ SAVILLE ROBERTS MP  
JIM SHANNON MP  
TOMMY SHEPPARD MP  
CHRISTOPHER STEPHENS MP  
ALISON THEWLISS MP  
OWN THOMPSON MP  
MICHELLE THOMSON MP  
EILIDH WHITEFORD MP







# CASE STUDY

"A STREET MOTORBIKE HAD COLLIDED WITH A PRIVATE CAR. TWO PEOPLE DIED IMMEDIATELY AFTERWARDS. ONE MAN WAS LYING ON THE STREET.

I USED MY SHIRT TO STOP HIM BLEEDING AND I TOLD OTHER PEOPLE TO GO AND FIND TRANSPORT SO THAT WE COULD GET HIM TO HOSPITAL. HE HAD LOST SO MUCH BLOOD FROM HIS LEG, STOMACH AND NOSE.

I HAD RECEIVED TRAINING FROM FIRST AID AFRICA A FEW MONTHS BEFORE THIS ACCIDENT AND I KNEW WHAT TO DO.

WE SAVED A LIFE THAT DAY BUT MANY VILLAGES DO NOT HAVE THIS KNOWLEDGE. MANY VILLAGES DO NOT HAVE ACCESS TO A HOSPITAL OR CLINIC NEARBY. FIRST AID EDUCATION IS CRUCIAL."

JOHN NICKSON MOSHA  
TANZANIAN STUDENT | LIFE SAVER

**WATCH MORE OF OUR TRAINED FIRST RESPONDERS IN ACTION: [CLICK HERE](#)**





APPLY  
ONLINE



MEET  
YOUR TEAM



FUNDRAISE  
FOR THE CHARITY



TRAIN  
AS AN INSTRUCTOR



DELIVER  
TRAINING OVERSEAS

# TIMELINE



A group of people are gathered in a room. In the foreground, a man in a white shirt is kneeling on the floor, attending to someone who is lying down. Other people are standing and sitting around, some looking at their phones. The room has large windows in the background.

# TOP TIPS FOR APPLYING

## 1. DO YOUR RESEARCH

READ THE 'ETHICS' SECTION OF OUR WEBSITE TO MAKE SURE YOU'RE A GOOD FIT FOR THE CHARITY

## 2. TELL US ABOUT YOU

WE'RE LESS INTERESTED IN YOUR ACADEMIC GRADES AND MORE INTERESTED IN YOUR PERSONAL STORY.

## 3. IF YOU HAVE A QUESTION, JUST ASK

YOUR LOCAL SOCIETY WILL BE HAPPY TO ANSWER ANY QUESTIONS YOU MIGHT HAVE, SO GET IN TOUCH





GOOD LUCK

[WWW.FIRSTAIDAFRICA.ORG/APPLY](http://WWW.FIRSTAIDAFRICA.ORG/APPLY)